

ADELE MARIE CARLSON

PROFESSIONAL EXPERIENCE

Alpha Omega Theatrical Dance Company – New York, NY	Dancer	Jun 2024 – Present
LLMoves – New York, NY	Dancer	Oct 2022 – Present
Limón2 – New York, NY	Dancer	Sept 2024 – Jun 2025
Salvatore LaRussa Dance Theatre – New York, NY	Soloist & Rehearsal Assistant	Jul 2022 – Jun 2024

PERFORMANCE EXPERIENCE

<i>Between Echoes</i>	Peter Chu	Pittsburgh Playhouse	2025
<i>A Case for Ascent</i>	Majella Bess Loughran	Pittsburgh Playhouse	2025
<i>Missa Brevis</i>	Jose Limón	The Joyce Theater	2024
<i>Jour et Nuit</i>	Nicole von Arx	The Joyce Theater	2024
<i>Ascend</i>	Salvatore Larussa	New York Live Arts	2023
<i>Table of Silence Project 9/11</i>	Jacquelyn Buglisi	Lincoln Center Plaza	2023
<i>Disconnected</i>	Salvatore Larussa	New York Live Arts	2022
<i>Rhythm Field</i>	Molissa Fenley	Bob Hope Theater	2021
<i>And One More Thing...</i>	Brandi Coleman	Moody Performance Hall	2020
<i>Battlefield, “The Hunt”</i>	Robert Battle, restg. Jen Mabus	The Joyce Theater	2020
<i>Cripple and The Starfish</i>	Adam Houghland	Bob Hope Theater	2020
<i>Blues</i>	Caleb Teicher	Bob Hope Theater	2019
<i>Heroes</i>	Take Ueyama	Winspear Opera House	2019
<i>Stellar Matter</i>	Dwight Rhoden	Winspear Opera House	2019
<i>Simply, Eartha</i>	Bridget Moore	Bob Hope Theater	2018

EDUCATION & TRAINING

Springboard Danse — Pittsburgh, PA	Summer 2025
Southern Methodist University (SMU) – Dallas, TX	Aug 2017 – May 2021
Dance Performance BFA w/ Honors, Geophysics BS, Mathematics Minor	GPA: 3.97 / 4.0
<i>Summa Cum Laude</i> , Artistic Scholarship, Meadows Scholar, Meadows Exploration Grant Recipient, Dean’s Scholar	
Martha Graham Intensive – New York, NY	Summer 2017 – 2021, Winter 2018 – 2020
Repertory: <i>Appalachian Spring</i> , <i>Steps in the Street</i> , <i>Night Journey</i> , <i>Seraphic Dialogue</i>	
Graham Technique Intermediate Level Demonstrator for Myra Woodruff (Summer 2021)	
High School for the Performing and Visual Arts (HSPVA) – Houston, TX	Aug 2013 – May 2017
Dance with High Honors	

CHOREOGRAPHY

Workshop collaboration w/ Jamal White and Tiare Keeno	Sharp Studio Theater	2020
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SKILLS

- Lighting design, stage management, grant writing, fundraising, event planning, community outreach, public speaking
- Passport holder, driver’s license, basic tumbling, basic flying trapeze, comprehensive Pilates certified (Equinox)